



Physician's Statement: Peanut and Tree Nut Allergy

Part 1: General information (Must be completed by the Passenger)

Name of passenger: _____ (Surname) _____ (First Name)

Booking Confirmation Number: _____ Date of Departure: _____ (dd/mm/year)

Departing Flight No.: _____ From: _____ To: _____

Passenger contact phone number (including area code/ country code): _____

Part 2: Physician Statement (Must be completed by the Physician)

This document serves as verification that the above named passenger requires peanut and tree nut free snacks for medical reasons whilst traveling.

I verify the following:

- The passenger or the parent /guardian of the passenger read, understood and accepted the Cathay Pacific peanut policy as attached.
- The passenger's peanut and/or other nut allergy condition do not pose any serious risks to his/her health given the conditions inflight as stated in attached.
- The passenger can self-administer his/her own medications and/or their travel companions can help administer the medications should the need arise.

I Dr _____ hereby certify that the above named passenger is under my care and in my opinion is capable of completing the flight safely, without requiring extraordinary medical assistance during the flight.

Signature: _____

Address: _____

Contact Number: _____ Date: _____



Cathay Pacific Peanut and Tree Nut Policy

Cathay Pacific cannot guarantee a peanut and/or tree nuts-free environment to passengers either in our aircraft cabins or airport lounges.

Peanut and tree nut-free cabin

Cathay Pacific cannot prevent passengers from bringing their own peanut and/or tree nuts products on board, and cannot insist that they do not open or eat them. We are also unable to modify the cabin environment due to individual passenger requests and cannot make general announcements requesting other passengers to refrain from eating peanuts and/or tree nuts.

Further, residual peanut and tree nuts products may be left in aisles, common areas or on seats from one flight to the next. Passengers with documented* peanut and/or tree nuts allergies can, subject to operational limitation, request priority boarding at the boarding gate and bring their own cleaning wipes to wipe down their seating area.

Peanut and tree nut -free meals

Cathay Pacific cannot provide peanut and/or tree nuts -free meals. It is with regret that Cathay Pacific cannot guarantee against cross-contamination of peanut and/or tree nuts products within the inflight-catering network. Passengers who require peanut and/or tree nuts free meals are recommended to bring their own food items that do not require chilling or reheating inflight. Please speak to our cabin crew if you want to know more about the ingredients in the meals served inflight.

Peanut and tree nut snacks

Peanut and tree nuts snacks are an integral part of the Cathay Pacific service. However, passengers with a peanut and/or tree nuts allergy can request that non-peanut or tree nut containing cocktail snacks be served in their class of service on a Cathay Pacific flight. Cathay Pacific will endeavour to provide cocktail snacks not containing peanuts** or tree nuts to all passengers in the same cabin (i.e. first, business, premium economy or economy) provided Cathay Pacific receives a documented request* no less than 72 hours prior to the scheduled flight departure.



Please be aware that substitution only applies for cocktail snacks. Meals served to other passengers in the same cabin may still contain peanuts and/or tree nut products. Peanut and other tree nut snacks are also available in our snack baskets and passengers in all classes are free to take these during the flight. There might be unpredictable circumstances such as flight disruptions due to weather or mechanical problems that may call for a last minute aircraft switch or change in your itinerary. In these circumstances we may not be able to guarantee the replacement snacks.

*Should you feel that you require a peanut and/or tree nuts free environment to travel in, we advise you first consult your physician to see if you are fit to fly in the given conditions explained above. So that we may address your needs; passengers are required to contact their local Cathay Pacific reservations office at least 72 hours prior to departure. We recommend passengers submit the Physician-statement – Peanut and Tree Nut Allergy so that their fitness to travel may be assessed and the request for non-peanut and/or tree nuts containing cocktail snacks (to be served in your cabin on your particular flight) can be submitted.

**Alternative snacks which do not contain peanuts may still contain traces of nuts or seeds which are commonly noted allergens.

Passengers with peanut and/or tree nuts allergies are recommended to take steps to minimise their potential exposure and to take all necessary precaution to prepare for the possibility of exposure – including, but not limited to:

- Wearing a medical alert bracelet;
- Carrying appropriate anaphylaxis treatment prescribed by their physician that can be self-administered, including ready-for-use epinephrine (Epi-pens) or other medications.
- Travel companions, guardians or family members are expected to administer treatment should it be required. If they are not available, the affected passenger is expected to self-administer prescribed treatment specifically prescribed by their physician. Due to the heightened security environment, if passengers are advised by their physician to carry a syringe or medication in their carry-on luggage, they should obtain a letter from their physician to certify this. Please also ensure that ALL medications are professionally labelled with the passenger's name and the medication name clearly identified.